



Sunset-Yoga at Härzlisee

Dates Sunset -Yoga:

- Friday, 21 June 2019 world yoga day (5:30 PM)
- Friday, 19 July, 2019 (5:30 PM)

Program:

Meeting point for the Yoga lesson is the valley station of the Cable car in Engelberg at 5:30 PM. We go up with the gondola and chairlift up to Härzlisee, a nice lake with stunning views over the mountains and the Engelberg valley. Marina Branger Baltermia (dipl Vinyasa Yoga teacher AYA) gives us a unique yoga lesson. Whether you are a beginner or advanced, you can join our lessons. When the lesson is finished we walk back down to Ristis (about 30 minutes downhill) from Ristis the cable car takes us back to Engelberg (special ride).

The event will be held for at least 5 people. In case of bad weather the yoga lesson can be cancelled till the day before 12 AM. Registrations will also be accepted by then.

Price Yoga:

per person CHF 40.00
(incl. Ristis-Engelberg return and ascent Ristis- Härzlisee)
(exkl. Yoga matt)
Persons with a year or seasonal pass will become a reduction of CHF 10.00

Meeting point:

5.30 PM valley station Engelberg

Further information:

follow on the next page

Registration:

until the day before, 12 AM at Brunni-Bahnen Engelberg
AG info@brunni.ch or tel. +41 41 639 60 60

This event is organized by the Brunni-Bahnen and Marina Branger Baltermia (dipl Vinyasa Yoga teacher AYA).

Feel free to contact us if you have any questions.

We are already looking forward to you!

Further information

- Equipment:** good shoes, warm clothing, rain protection, head torch, **own yoga mat**, refreshments, hiking poles
- Experience:** Beginners and advanced can participate in this event.
- Meeting point:** 5.30 PM valley station Engelberg
- Arrival:** The valley station is easily accessible by car. It has a parking lot. You pay a parking fee of CHF 5.00 per day. The valley station can also be reached by public transport or by foot from Engelberg train station, in 15 minutes.
- Execution:** The event will be held only with good weather.
- Cancellation:** In the case of unsafe weather, you will receive information about the execution the day before from 12AM on tel. 041 639 60 60.
- Questions:** Brunni-Bahnen Engelberg AG: Tel. 041 639 60 60 or info@brunni.ch

